Making a Sample

- Before your test, please do not eat, drink (anything but water) or brush your teeth within 30 minutes and refrain from using mouthwash within 2 hours.

- Pool saliva in your mouth and drool into the vial until saliva reaches the fill line. Bubbles don’t count.

- Discard instructions, seal vial tightly and place back into bag.

- Bring sample back to school and drop into a C-19 collection box.