
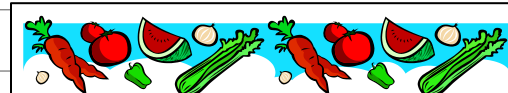


# Middle School April 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 	2 Brunch for Lunch Fluffy Waffles w/ Strawberries Chicken Sausage Tater Tots Fresh Apples 100% Fruit Juice Hormone Free Milk <i>Boneless Wings</i>	3 Stuffed Shells Warm Dinner Roll Seasoned Green Peas Fresh Orange 100% Fruit Juice Hormone Free Milk <i>Popcorn Chicken</i>	4 Loaded Potato Bar Broccoli Florets Pineapple Tidbits 100% Fruit Juice Hormone Free Milk <i>Bosco Sticks</i>	5 Meatball Hero Sauteed Green Beans Apple Slices 100% Fruit Juice Hormone Free Milk <i>Chicken Tenders</i>
8 Spicy Wings Warm Dinner Roll Fresh Cherry Tomatoes Fresh Fruit Cup 100% Fruit Juice Hormone Free Milk <i>Hamburgers</i>	9 Beef Nachos Warm Cheese Sauce Seasoned Corn Fresh Apples 100% Fruit Juice Hormone Free Milk	10 NO SCHOOL	11 Sausage and Peppers On a Hero Sauteed Green Beans Pineapple Tidbits 100% Fruit Juice Hormone Free Milk <i>Bosco Sticks</i>	12 Mac n Cheese Streamed Broccoli Apple Slices 100% Fruit Juice Hormone Free Milk <i>Chicken Tenders</i>
15 Popcorn Chicken Buttered Biscuits Fresh Cucumber Slices Fresh Fruit Cup 100% Fruit Juice Hormone Free Milk <i>Hamburgers</i>	16 Chicken Fajitas Black Beans and Corn Salsa & Sour Cream Fresh Apples 100% Fruit Juice Hormone Free Milk	17 Baked Ziti w/ Garlic Bread Garden Salad Fresh Orange 100% Fruit Juice or Hormone Free Milk <i>Popcorn Chicken</i>	18 Teriyaki Chicken Carolina Rice Steamed Broccoli Pineapple Tidbits 100% Fruit Juice or Hormone Free Milk <i>Bosco Sticks</i>	19 Pasta w/ Meatballs or Plain Pasta Roasted Cauliflower Apple Slices 100% Fruit Juice or Hormone Free Milk <i>Chicken Tenders</i>
22 	23 	24 BBQ Pulled Pork Sandwich Steamed Green Beans NATIONAL BANANA DAY 100% Fruit Juice Hormone Free Milk <i>Popcorn Chicken</i>	25 General Tso Chicken Fluffy White Rice Roasted Broccoli Pineapple Tidbits 100% Fruit Juice Hormone Free Milk <i>Bosco Sticks</i>	26 Chicken and Cheese Quesadilla Roasted Corn Apple Slices 100% Fruit Juice or Hormone Free Milk <i>Chicken Tenders</i>
29 Two Hot Dogs Baked Beans Fresh Fruit Cup 100% Fruit Juice Hormone Free Milk <i>Hamburgers</i>	30 Taco Tuesday Double Crispy Tacos Shredded Lettuce Shredded Cheese Mexican Black Beans Fresh Apples 100% Fruit Juice Hormone Free Milk	National Banana Day on April 24 <sup>th</sup> Enjoy a Banana with Lunch purchase 	<b>GLUTEN FREE OPTIONS AVAILABLE UPON REQUEST</b> ROLLS CEREAL PIZZA PASTA	SNACKS AVAILABLE FOR PURCHASE



### Daily Lunch Offerings

**Side Salad:** Romaine Lettuce, Spinach, or Spring Mix and other Seasonal Vegetables as an Additional Daily Vegetable Offering

**Grab N Go Sandwiches:** Boar's Head (or equivalent) Oven Roasted Turkey; Ham\*; with/without Cheese; Sun Butter and Jelly; Served on Assorted Bread.

**Grab N Go Salads/Platters (all served with Whole Grain Rolls, Croutons or Pita):** Chef or Chicken Caesar; Vegetable Platter with All-Natural Yogurt and/or Hummus.

**Yogurt Parfait:** All-Natural Yogurt with Blueberry, Strawberry or Peach and Granola

**Daily Fruit and Vegetable Offerings at Lunch:** Apples, Oranges, Bananas, & Pears.

**Whole Grain breads offered daily.**  
 (\*) Denotes item may contain Pork.  
 (+) Denotes item may contain Eggs.  
 (^) Denotes item may contain Soy.  
 "WMM" Denotes Whole Muscle Meat

**Weekly Second Entree:**  
**Weekly entrées are listed in the box to the Bottom Subject to change due to supply chain.**

We try our best to serve our menus as posted; however, sometimes last-minute changes occur. **Gluten free rolls, cereal, pizza, and pasta are available upon request.** For questions regarding allergy concerns, nutritional content, or food related questions, please contact the Food Service Director, Melissa Pinckney at 914-793-6130 ext.4234 or email @ [Pinckney-Melissa@aramark.com](mailto:Pinckney-Melissa@aramark.com)