



Eastchester Elementary School Lunch Menu September 2024

		4 Hamburger or Cheeseburger on Bun French Fries Applesauce	5 Chicken Nuggets Yellow WG Rice Steamed Carrots Mandarin Oranges	6 Cheese Pizza or Pepperoni Pizza Tater Tots Red Pepper Strips Fresh Orange
9 Cheese Quesadilla Black Bean Salad Fresh Pears	10 Chicken Patty on Bun Steamed Carrots Applesauce	11 Brunch for Lunch French Toast Scrambled Eggs & Hash Brown Pancake Syrup Fresh Grapes	12 Spaghetti and Meatballs Dinner Roll Green Salad Strawberry Cups	13 Cheese Pizza or Pepperoni Pizza Garden Salad Fresh Orange
16 Popcorn Chicken Mashed Potatoes Coleslaw Fresh Cantaloupe	17 Chicken Parm on Bun Garden Salad Roasted Cauliflower Fresh Pear	18 Macaroni & Cheese Green Beans WG Breadstick Apple Slices	19 Hot Dog on Bun Baked Beans Baby Carrots Fresh Apple	20 Cheese Pizza or Pepperoni Pizza Tater Tots Red Pepper Strips Fresh Orange
23 Cheese Ravioli Breadstick Green Salad Pineapple Wedges	24 Breaded Chicken Drumstick Yellow Rice Roasted Cauliflower Mandarin	25 Beef Nachos Tomato Wedges Black Bean Salad Fresh Grapes	26 Hamburger or Cheeseburger on Bun French Fries Applesauce	27 Cheese Pizza or Pepperoni Pizza Tater Tots Red Pepper Strips Fresh Orange
30 Mini Chicken Corn Dogs Seasoned French Fries Apple Slices				

More info...

Milk Offering (all 1 c serving): 1% White, Fat Free White, or Fat Free Chocolate (all antibiotic & hormone free).

Fruit Offering (all 1/2c serving): Apple, orange, seasonal fresh fruit, or 100% Fruit Juice (apple, orange, grape, or fruit punch).

Two fruit choices will be available daily.

Lunch Alternatives Available Daily Made to Order Sandwich Lunch (Sliced Deli Meats & Cheese, Tuna & Chicken Salad with Veggie & Fruit)

Salad Lunch (Salad, Protein, & Fruit)

Daily Grill Offerings: Chicken nuggets*, chicken patty or spicy chicken patty on a bun, hamburger/cheeseburger on a bun, cheese, or pepperoni (P) pizza

MTO Bar: Taco Bar, Pizza Bar, Deli & Salad

Please Note: (WG) denotes whole grain; (P) denotes item may contain pork.

