

chartwells
**Discovery
KITCHEN**

Eastchester High School
Student Lunch \$4.75

MARCH 2022
Student Lunch+Milk \$5.25

A full student lunch includes a entrée, vegetable & fresh fruit. Milk choices include 1% White, and Fat Free Chocolate.

If you have a food allergy, please speak to the Food Service Director 914-793-6130 x 4234 or Lead Server.

Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4
	Taco Tuesday Twin Tacos Popcorn Chicken Corn Black Beans Tropical Fruit Salad	Pasta with Meat Sauce Grilled Cheese Rice Mixed Vegetables Peaches	Teriyaki Bowl White Rice Mac & Cheese Celery Sticks Pepper Strips Pineapple	Fish Filet Sandwich Popcorn Chicken Green Beans Grape Tomatoes Pears
7	8	9	10	11
Meatball Hero Mozzarella Sticks Broccoli Rice Mandarin Oranges	Nacho Chips, Beef, Cheese & Toppings Popcorn Chicken Corn Black Beans Mandarin Oranges	Stuffed Shells Chicken & Cheese Quesadilla Sauteed Spinach & Garlic Cucumber Coins Fresh Apple Slices	Philly Cheesesteak Boneless Wings Rice Italian Blend Vegetables Peas Pineapple	Spaghetti & Meatballs Spicy Chicken Sandwich Lettuce & Tomato Carrot Sticks Pears
14	15	16	17	18
Italian Chicken Sandwich Mac & Cheese Green Beans Emoji Fries Rice Pears	Taco Tuesday Twin Tacos Popcorn Chicken Corn Black Beans Mandarin Oranges	Italian Sausage with Peppers & Onions Boneless Chicken Wings Italian Blend Vegetables Corn Pears	Corned Beef Mashed Potatoes Grilled Cheese Sauteed Broccoli Celery & Carrot Sticks Peaches	Mac & Cheese Potato Crusted Cod Mixed Vegetables Fresh Apple Slices
21	22	23	24	25
Teriyaki Beef Hero Boneless Wings Seasoned Corn Celery Sticks Mandarin Oranges	Taco Tuesday Twin Tacos Popcorn Chicken Corn Black Beans Pears	Beef & Cheese Burrito Chicken Tenders Black Beans w/ Cilantro Celery Sticks Sliced Peaches	Baked Ziti Spicy Chicken Wings Garlic Bread Italian Blend Vegetables Pears	Brunch-4-Lunch Mini-Pancakes, Emoji Fries Turkey Sausage or Egg Patty Pepper Strips Pineapple
28	29	30	31	
Grilled Cheese Boneless Wings Seasoned Corn Celery Sticks Mandarin Oranges	Nacho Chips, Beef, Cheese & Toppings Popcorn Chicken Corn Black Beans Peaches	Chicken & Waffles Strawberries Emoji Fries Carrots Pears	Pasta Bar Pasta, Sauce, Meatballs Sauteed Spinach Popcorn Chicken Apple Slices	

Complete your Meal with a daily fruit , vegetable and milk.

Consuming raw or uncooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

This Institution is an equal opportunity provider.