

chartwells
Discovery
KITCHEN

Eastchester Middle School

Student Lunch \$4.75

A full student lunch includes a entrée, vegetable & fresh fruit.

NOVEMBER 2021

Student Lunch+Milk \$5.25

Milk choices include 1% White, and Fat Free Chocolate.

If you have a food allergy, please speak to the Food Service Director 914-793-6130 x 4234 or Lead Server.

Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
All Beef Hot Dogs with Toppings Chicken & Cheese Quesadilla Cucumber Coins Fresh Green Grapes	Election Day Schools Closed	Hamburger/Cheeseburger Sliders Classic Mac & Cheese Carrot sticks Fresh Apple Slices	Bourbon Chicken White or Fried Rice Boneless Chicken Wings Broccoli Green & Red Pepper Strips Mandarin Oranges	Stuffed Shells w/ Marinara Sauce Philly Cheese Steak Hero Italian Blend Grape Tomatoes Pineapple Tidbits
8	9	10	11	12
Spicy Chicken Wings BBQ Beef Hero Garden Peas Carrot Sticks Orange Smiles	Mozzarella Sticks Twin Beef Taco Black Beans w/ Cilantro Celery Sticks Tropical Fruit Salad	Breaded Chicken Parm Pasta w/ Sauce Meatball Parm Hero Green Beans Fresh Grape Tomatoes Fresh Green Grapes	Veterans' Day Schools Closed	Grilled Cheese Popcorn Chicken Broccoli Green & Red Pepper Strips Mandarin Oranges
15	16	17	18	19
Boneless Chicken Wings Pasta & Meat Sauce Garlic Bread Seasoned Corn Carrot Sticks Fresh Apple Slices	Beef & Cheese Burrito Chicken Tenders Baby Carrots Black Beans w/ Cilantro Celery Sticks Sliced Peaches	Pasta Bar Choice of Pasta, Sauce, Meatballs or Chicken & Garlic Bread Mozzarella Sticks Grape Tomatoes Pineapple Tidbits	General Tso Chicken White Phill Cheese Steak Hero California Blend Veg Cucumber Coins Tropical Fruit Salad	Twin TACO Choice of Lime Chicken or Turkey Taco Red Beans Boneless Wings Green & Red Pepper Strips Fresh Green Grapes
22	23	24	25	26
Chicken & Cheese Quesadilla Pork Sausage & Peppers Capri Blend Vegetables Carrot Sticks Fresh Orange Smiles	Turkey Mashed Potatoes Popcorn Chicken String Beans Apples	Early Dismissal No Meal Service	Thanksgiving Break Schools Closed	Thanksgiving Break Schools Closed
29	30	1	2	3
Meatball Parm Hero Italian Breaded Chicken Red Pepper & Mozz on a Kaiser Roll Italian Blend Vegetables Green & Red Peppers Sliced Peaches	Classic Mac & Cheese Grilled Corned Beef Reuben on Rye Sweet Corn Celery Sticks Tropical Fruit Salad	BOSCO Sticks Marinara Sauce Crispy Chicken Tenders Celery Sticks Tropical Fruit Salad	Baked Ravioli Hot Dog Bar Baby Carrots Seasoned Peas Grape Tomatoes Pineapple Tidbits	Hamburger/Cheeseburger Popcorn Chicken Sautéed Spinach & Garlic Seasoned Rice Cucumber Coins Fresh Red Grapes

Complete your Meal with a daily fruit , vegetable and milk.

Consuming raw or uncooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

This Institution is an equal opportunity provider.